

First Steroid Cycle Beginner Anabolic Steroids Shop #DygqLp



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A cycle of Nandrolone for your first beginner attempt puts you in a class of steroids that are very popular but does require intramuscular injections. As a beginner cycle, you will want to start at a half dose twice a week, then increase the dose to the full level of 200mg as a weekly injection. The Best Beginner Steroid Cycles: Week 1-12 Testosterone-Enanthate or Testosterone-Cypionate: 250mg-500mg per week. Week 13-15 you will take nothing and let the testosterone begin to clear out. Week 16-17 Nolvadex 40mg per day. Week 18-19 Nolvadex 20mg per day.



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In our beginner's guide to safe steroids, we're about to tell you everything you need to know and get you started with your first steroid cycle in no time. It's important to pay attention to the power of steroids however, as with any steroid (or medication in fact), you're tampering with your body's natural rhythm.



Steroid use can go sideways pretty fast if you don't know what you're doing. For this reason, it's usually suggested that as a beginner you watch your steroid intake and start off with a proper first cycle. Even if steroids are a great way to get into shape, you're still messing with your body's natural growth mechanis more hints



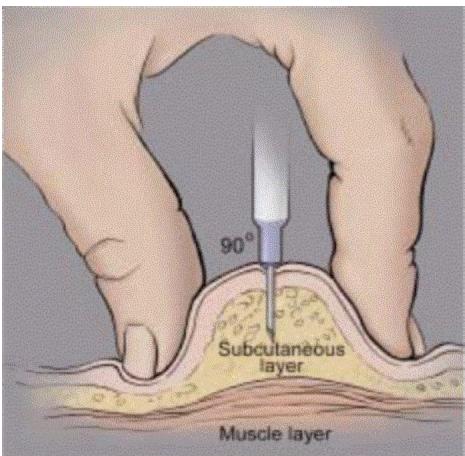
Testosterone Cycle (For Beginners) Testosterone cypionate and enanthate are the most popular types of testosterone for beginners. This is due to them being: cost effective, not being painful and not requiring overly frequent injections (every 4-5 days). This is a typical beginner steroid cycle.

Lastly, your first steroid cycle will often produce the best muscle gains of your life; so be sure to train like a lion and eat like a king during this period to maximize your gains. Bonus Workouts. Bonus: Best Steroid Cycles for Beginners using Bill Starr's 5 x 5 Program



Cycle #1- TESTOSTERONE ONLY. I've already talked

about the 1 vial steroid cycle enough in the past, let's get into the beginner 500 mg/wk test cycle. What you'll need are 2/10 ml bottles of Testosterone Enanthate or Cypionate. Test E and Test Cyp are ok to inject just once/wk so they are convenient and very effective. Testosterone Cycle. A testosterone cycle is by far the best protocol for a first time steroid-user.. Not only will testosterone produce the gains most beginners are looking for — such as 20-30lbs of muscle gains and incredible strength increases.



First beginner steroid cycle I'm

just going to write this article as if I was talking to myself about what is the best first beginner steroid cycle before I had ever taken any steroids. The commonly prescribed first steroid cycle on the internet is "500mg testosterone enanthate per week" this is written all over the internet ad nauseum. <u>try these guys</u> out